

# Young Author's List of Specific Emotion Words

Name \_\_\_\_\_ Date \_\_\_\_\_

One of the reasons we like to read fiction is because we can live many different lives through the characters we read about. Readers like to connect emotionally with characters, so be sure to use specific words that pinpoint feelings.



## Positive Emotions....

accepted  
affirmed  
appreciated  
approved  
beautiful  
befriended  
calm  
cheerful  
cherished  
courteous  
ecstatic

empowered  
encouraged  
exalted  
excited  
exhilarated  
exonerated  
exuberant  
forgiven  
generous  
happy  
helpful  
honored  
hopeful  
impressed

included  
joyful  
jubilant  
kind  
loved  
loyal  
needed  
obedient  
overjoyed  
patient  
praised  
prepared  
protected  
proud

purposeful  
recognized  
relaxed  
respected  
revered  
reverent  
rewarded  
safe  
secure  
sympathetic  
trusted  
understood  
uplifted  
useful

## Negative Emotions....

agitated  
aloof  
ambivalent  
angry  
ashamed  
average  
bedraggled  
befuddled  
belligerent  
bereft  
betrayed  
bewildered  
blah  
blamed  
blase  
blue  
bothered  
chastised  
confused  
contrary  
crazy  
crushed  
depressed



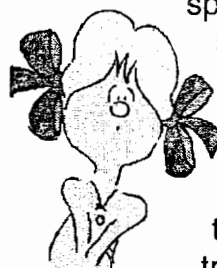
discarded  
discouraged  
discriminated  
disgusted  
distant  
faint

frustrated  
guilty  
hated

hesitant  
hopeless  
hostile  
humiliated  
idiotic  
impetuous  
implicated  
indifferent

insane  
insecure  
irritated  
jilted  
laughed at  
left-out

lonely  
mad  
melancholy  
mocked  
moronic  
morose  
ornery  
out-of-control  
out-of-step  
overwhelmed  
perplexed  
picked on  
pouty  
puny  
put down  
rebellious  
rejected  
reviled  
revolted  
rotten  
sad  
scared  
shattered



sick  
slighted  
spoiled  
spooky  
strange  
stressed  
stubborn  
stupid  
temperamental  
trapped  
tumultuous  
ugly  
unhappy  
unprepared  
unruly  
upset  
used  
useless  
vexed  
vulnerable  
weak  
weary  
worn-out